

Cleveland County

2003 Adult Health Survey



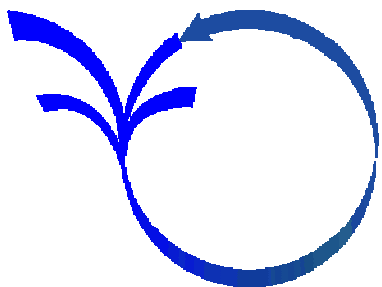
Arkansas
Department
of Health



STAMP OUT SMOKING

Arkansas Department of Health
stampoutsmoking.com

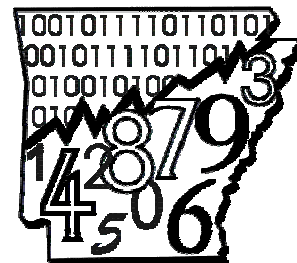
Your Tobacco Settlement Dollars at Work



BRFSS

Behavioral Risk Factor Surveillance System

Arkansas
Center for
Health
Statistics





What Is the Cleveland County 2003 BRFSS?

The BRFSS is the world's largest continuously conducted telephone survey. It covers issues surrounding chronic illness and premature mortality, as well as other health-related topics. All 50 states, Puerto Rico, Guam, and Washington D.C. participate. Cleveland County participated in county level BRFSS studies sponsored by Hometown Health.



In Cleveland County...

- # Interviews were conducted with 800 people who live in Cleveland County during April 2003.
- # Of the 800 Cleveland County interviews, 264 were with men and 536 were with women.



What was the most common cause of death for Arkansans in 2000?

Heart Disease

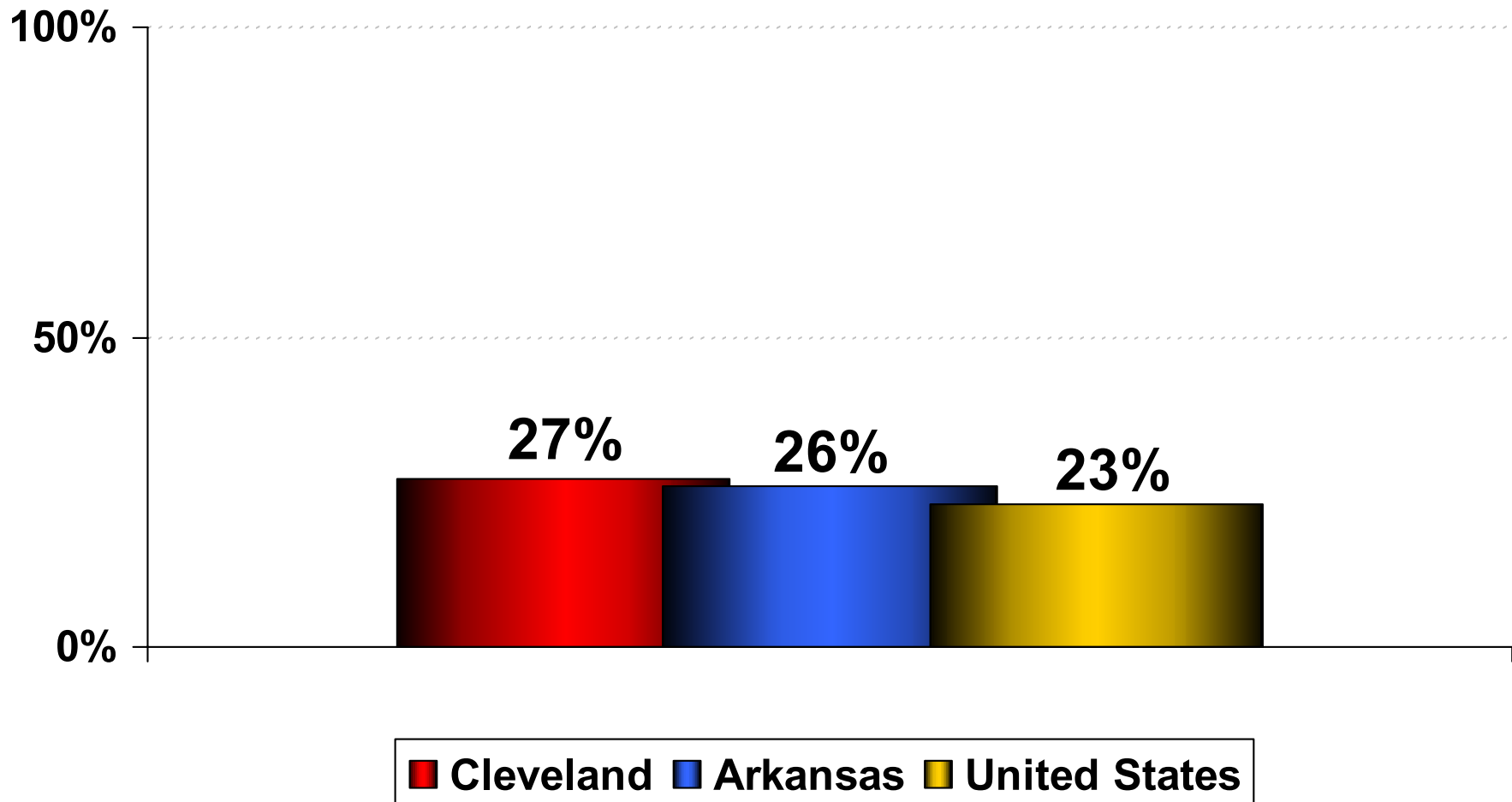
- ✦ Heart disease is the most common cause of death for people who live in Cleveland County, in the state of Arkansas, and in the United States.



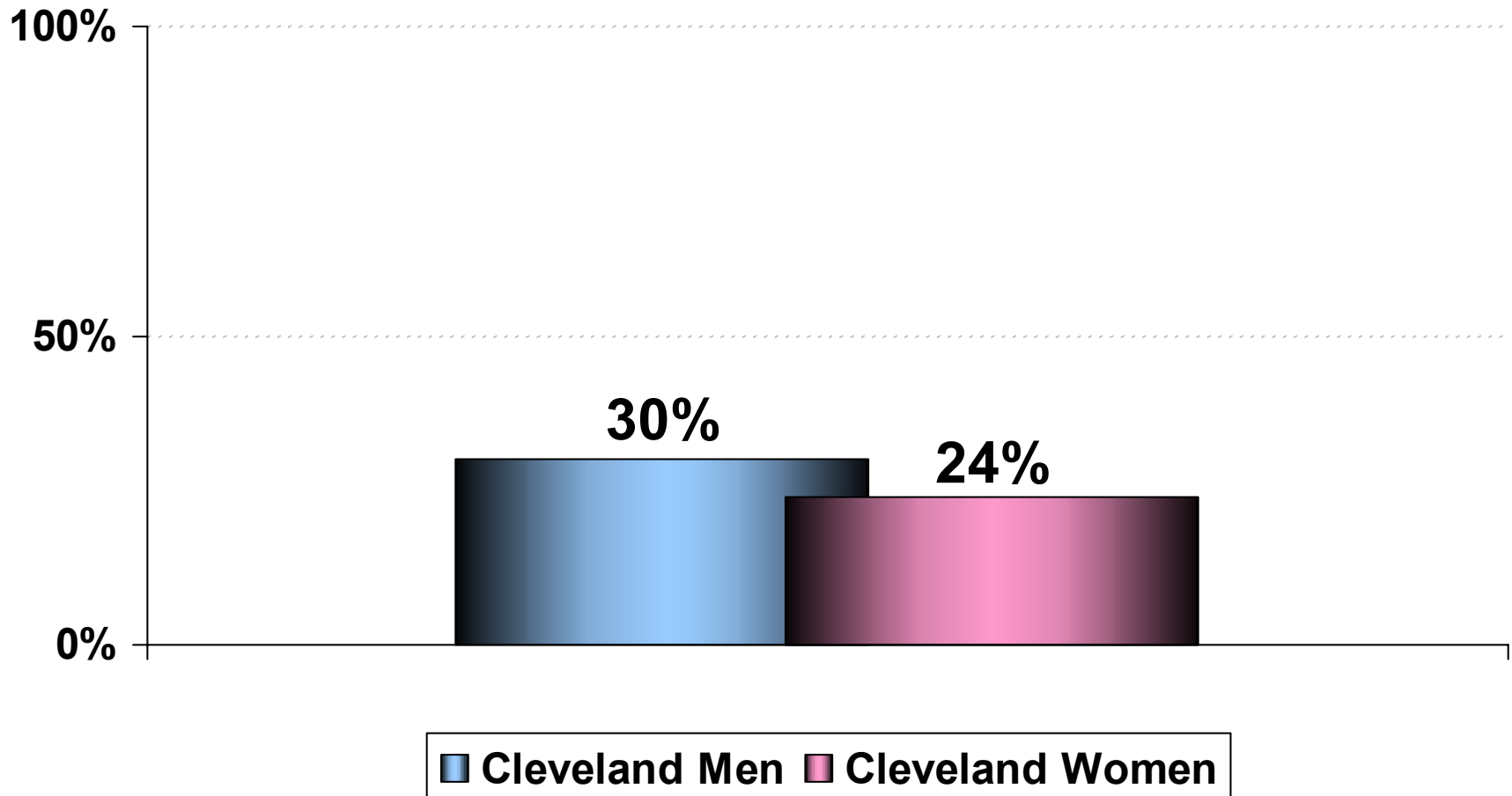
Cardiovascular Disease Risks Measured Include...

- ✦ Using tobacco
- ✦ Being overweight
- ✦ Having a sedentary lifestyle
- ✦ Having a poor diet

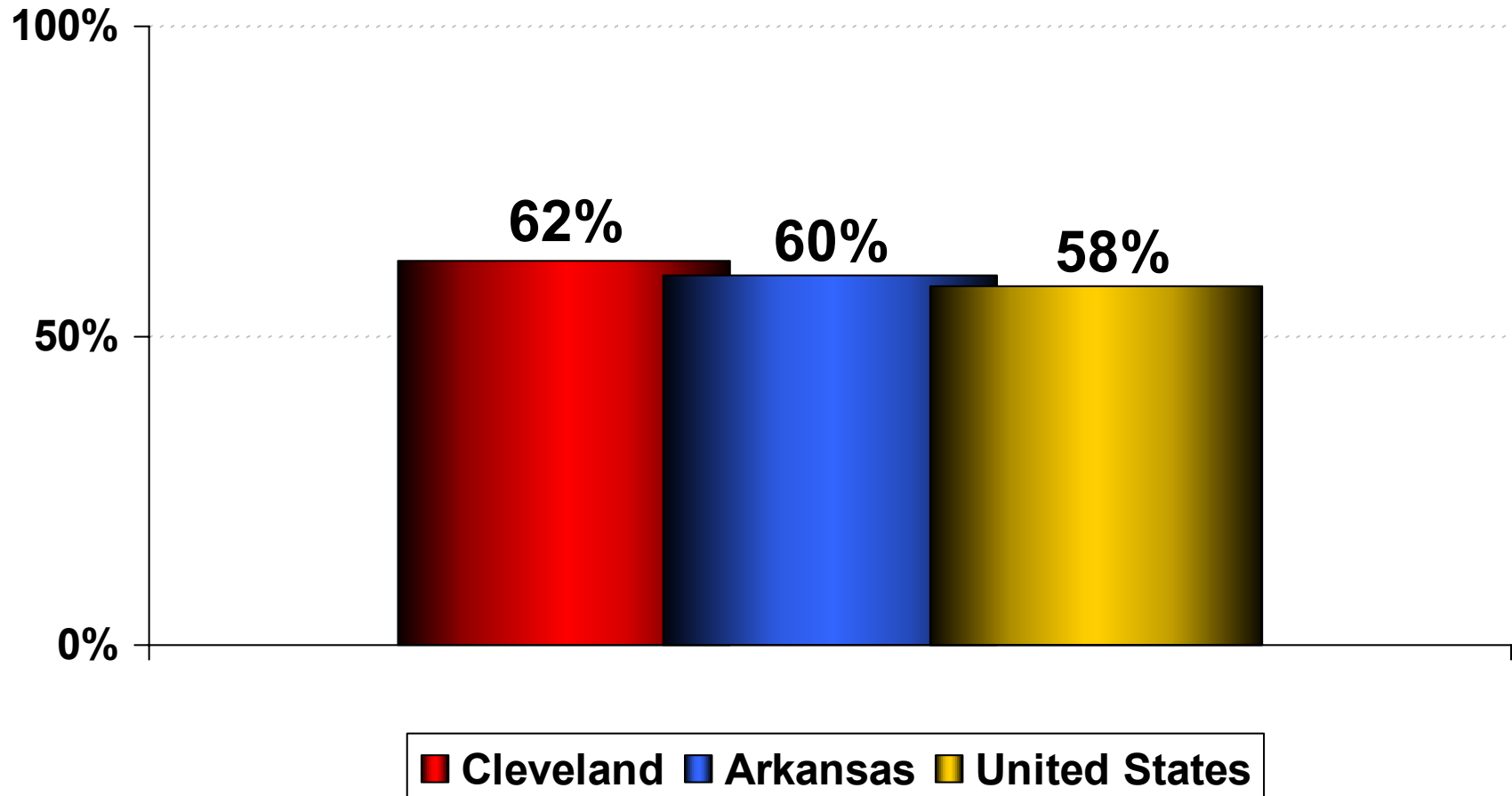
Currently Smoke Cigarettes



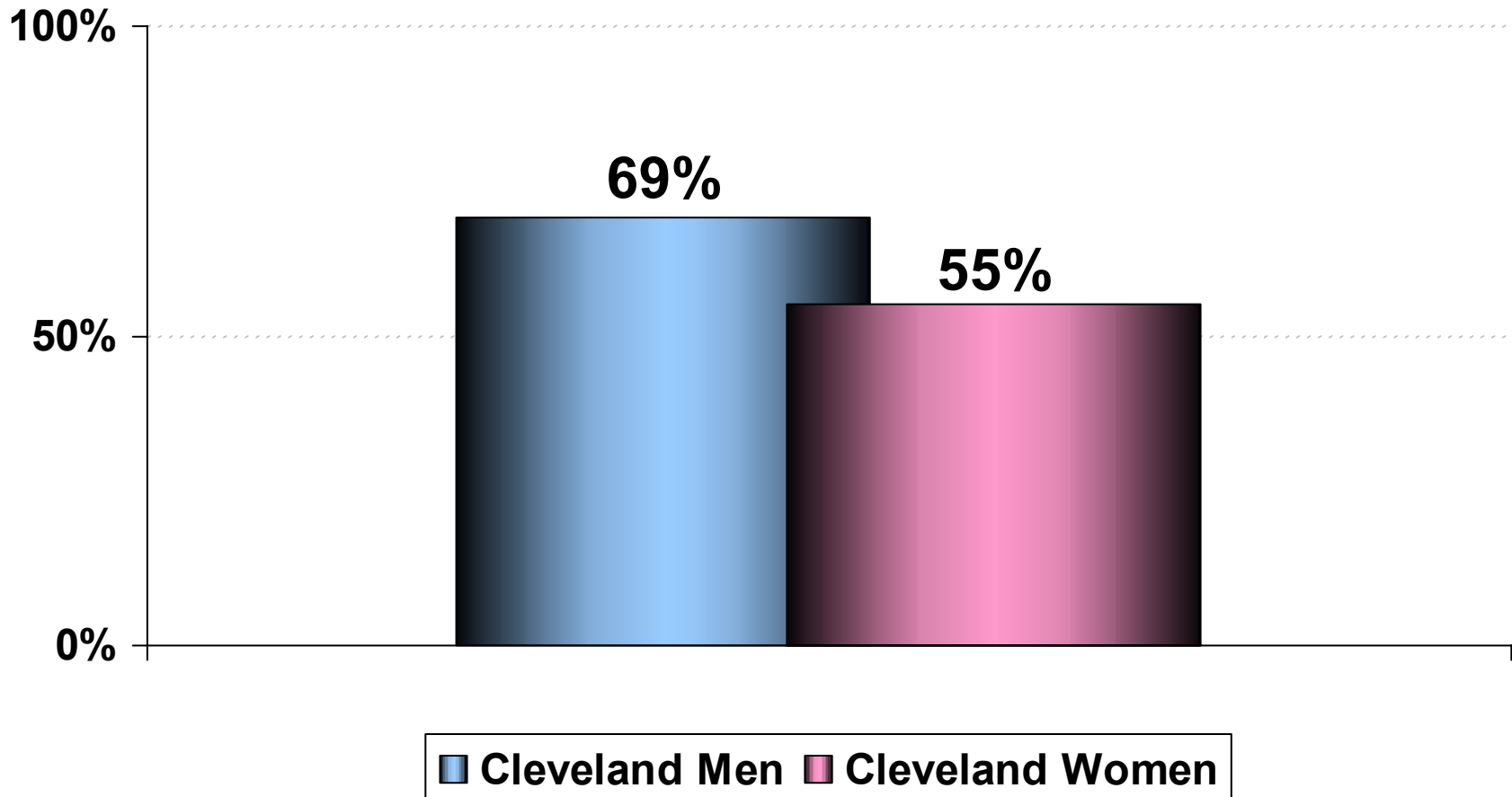
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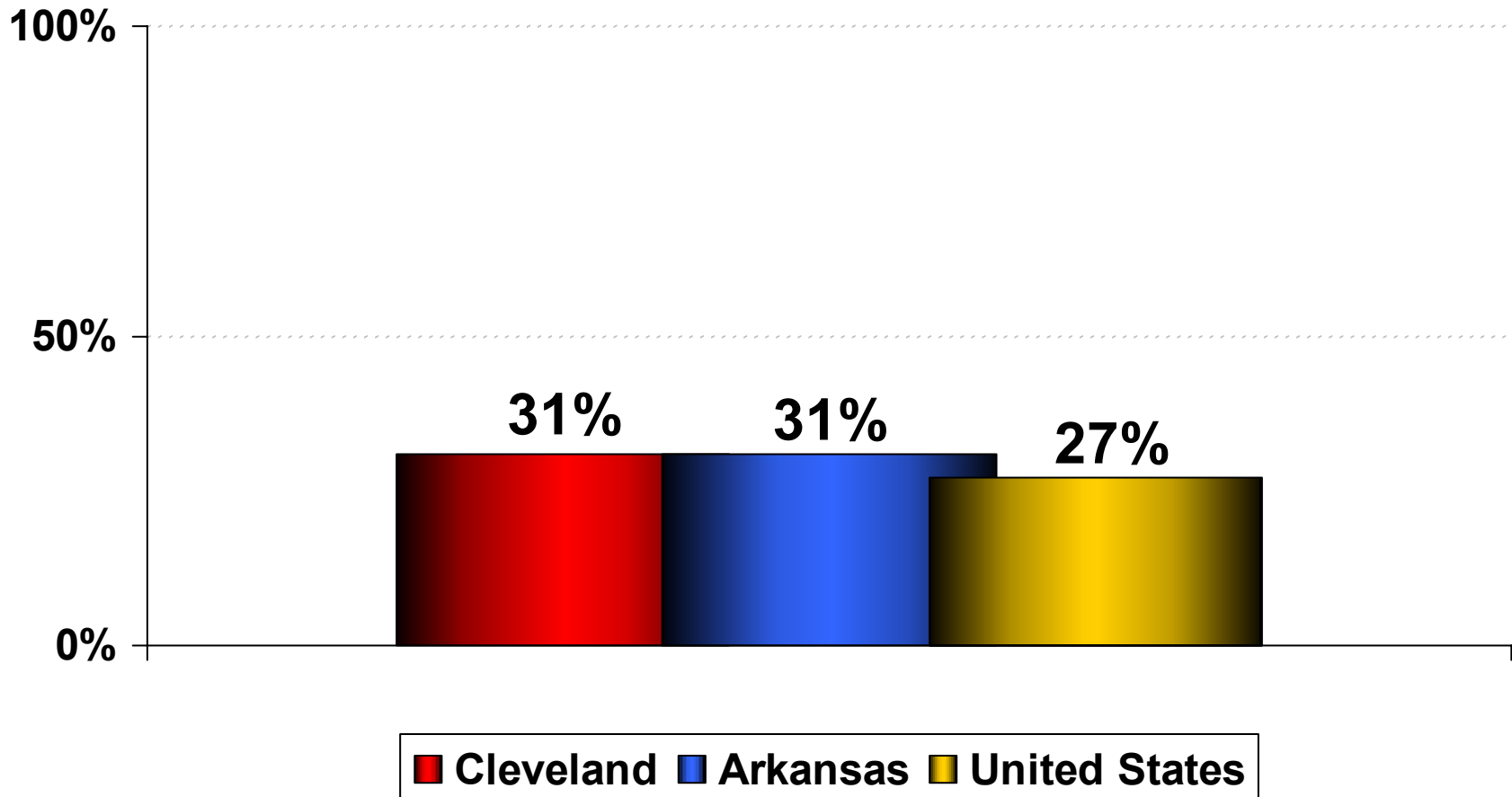
Overweight as Measured by Body Mass Index



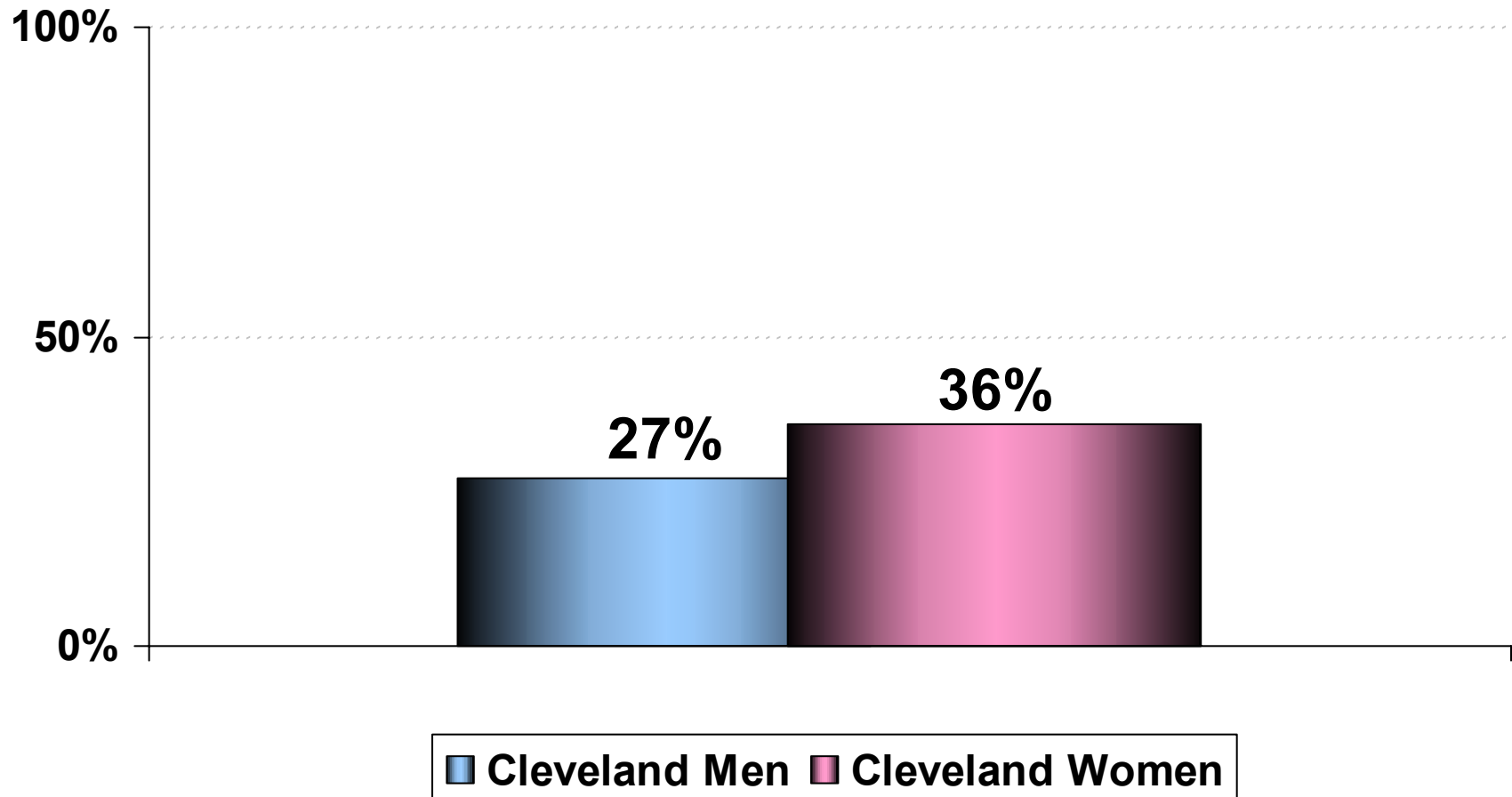
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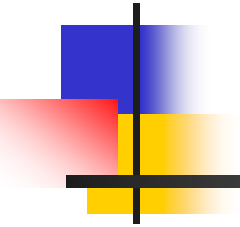
Do Not Participate in Any Physical Activities



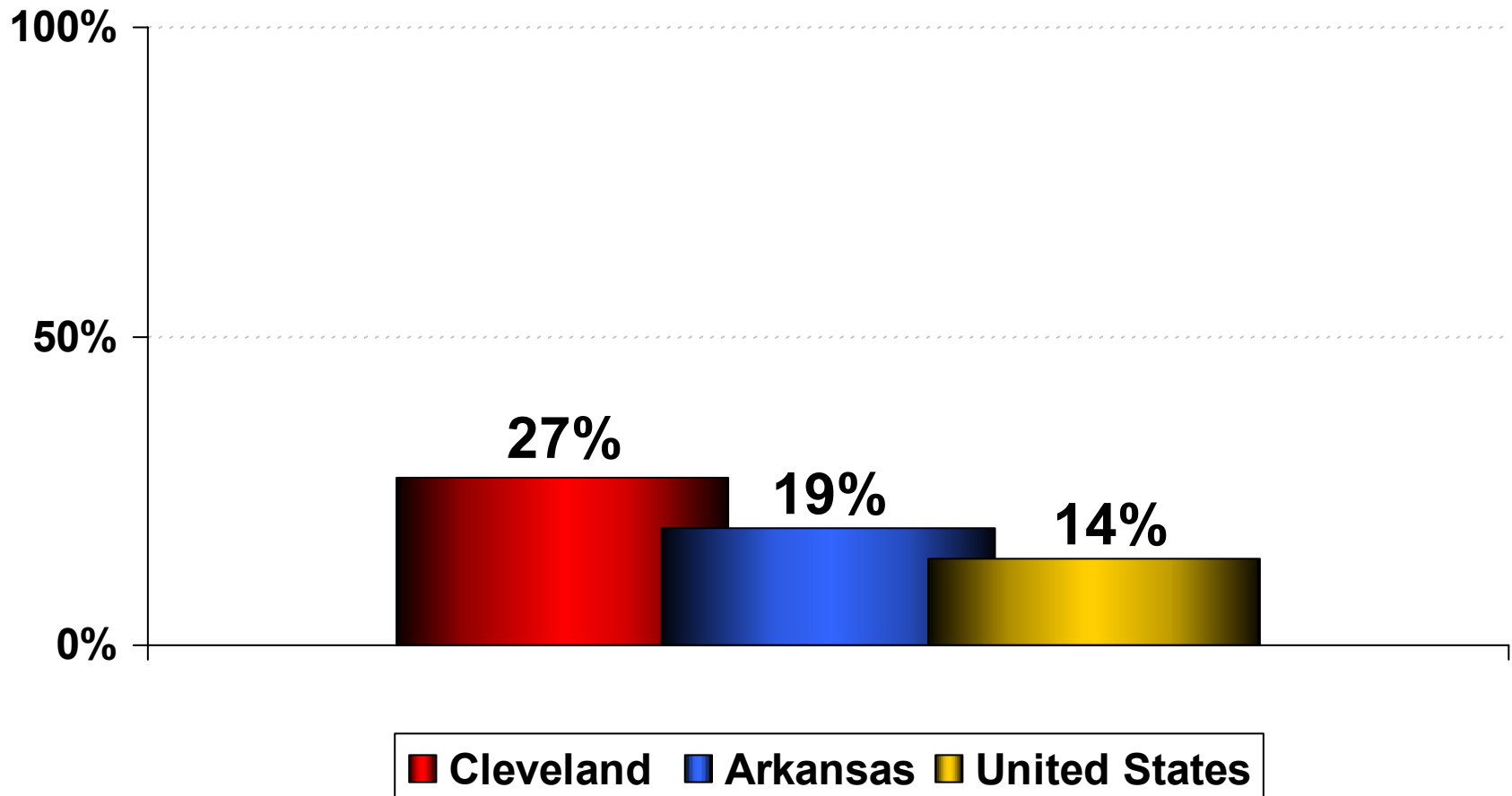
Do Not Participate in Any Physical Activities



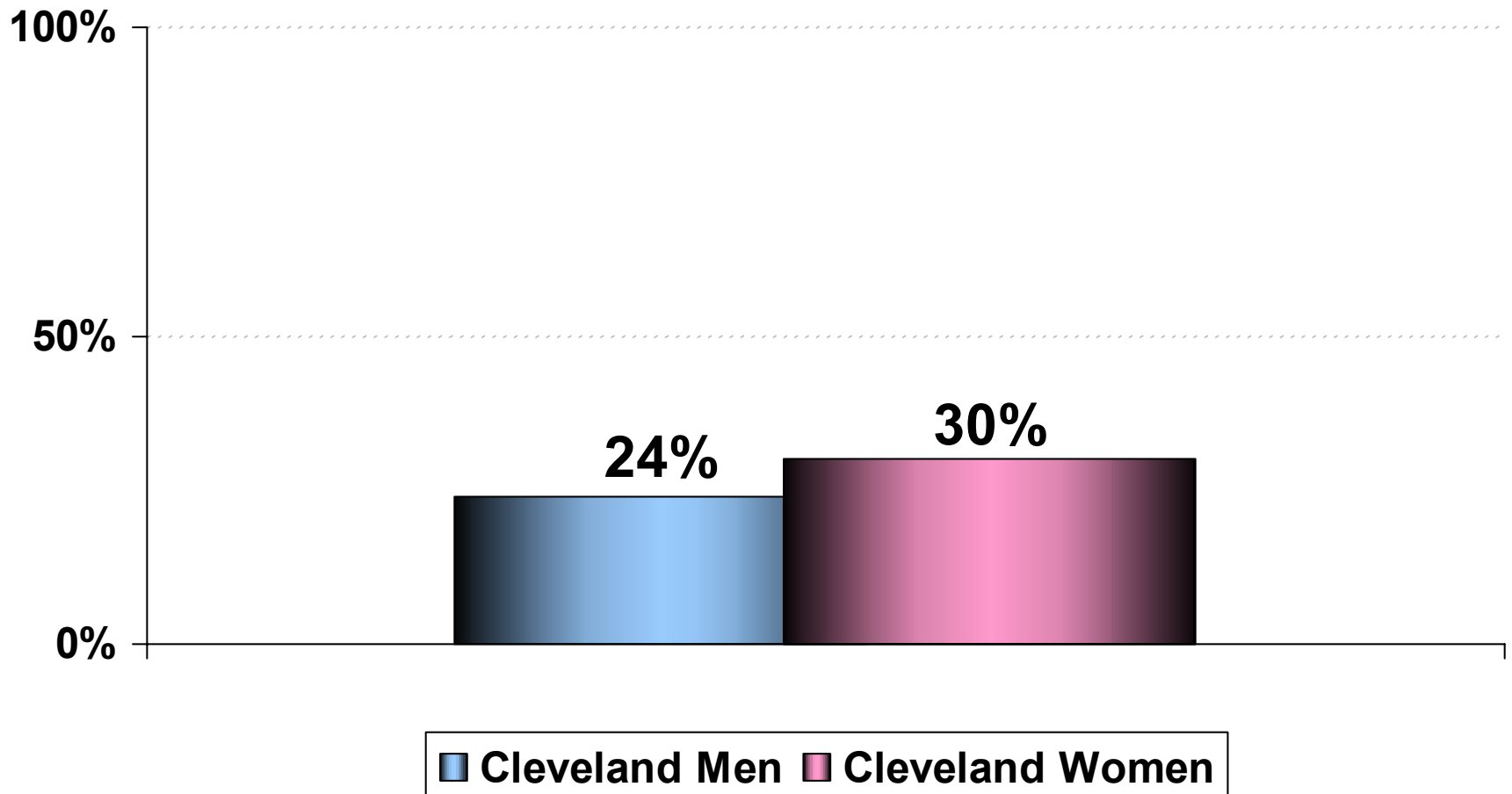
Selected Other Major Risk Factors



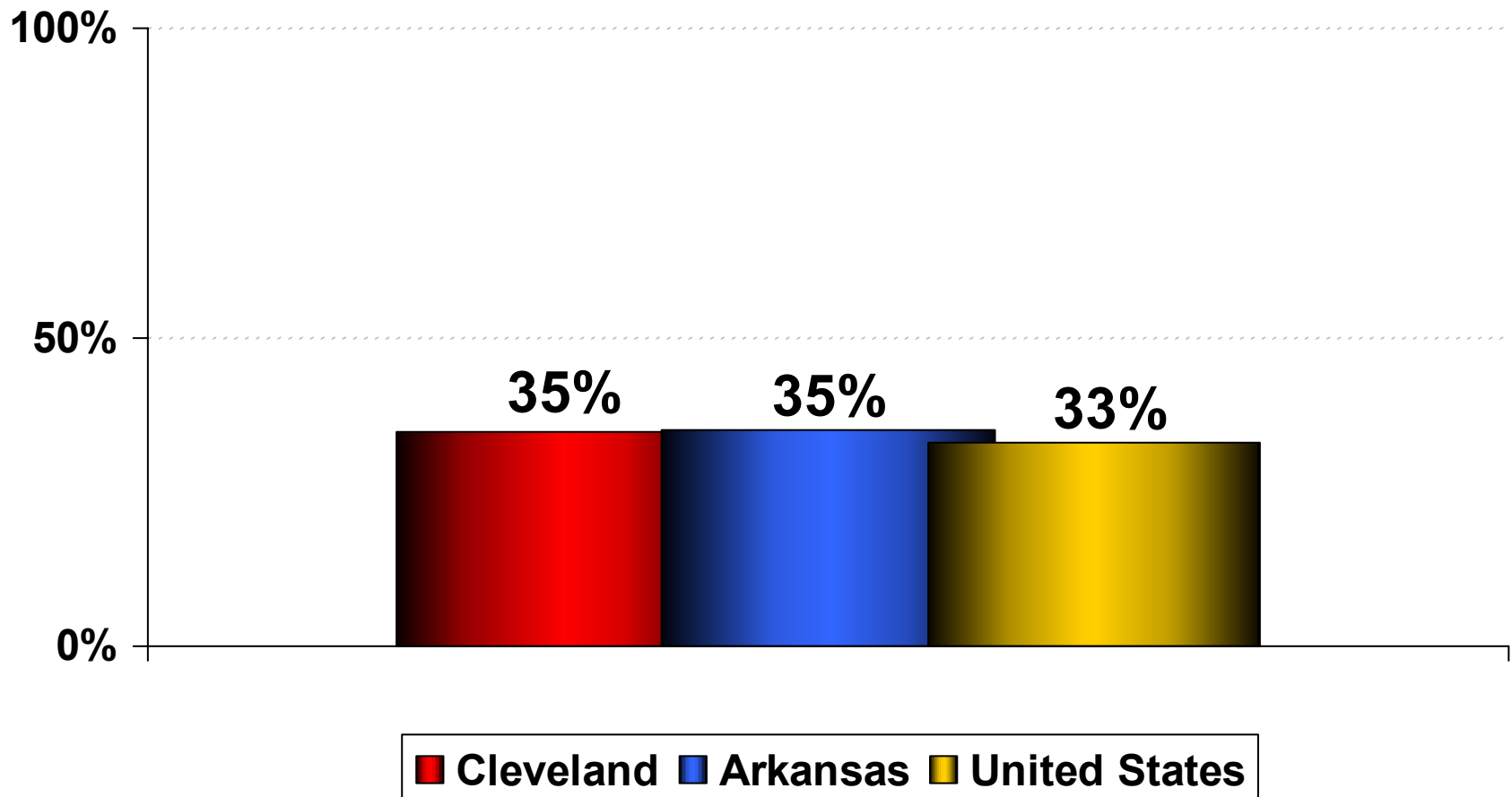
Reported General Health as Fair or Poor



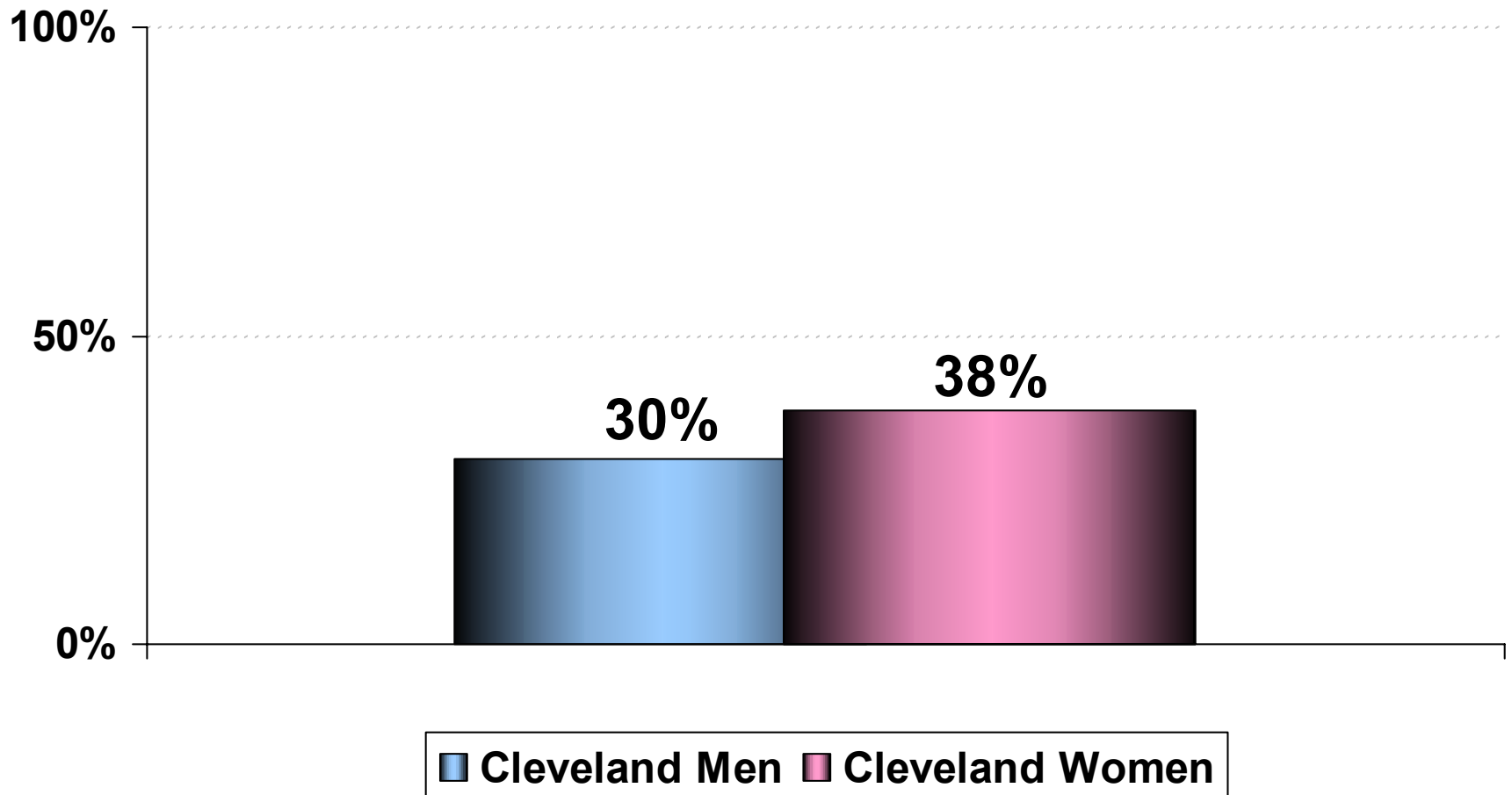
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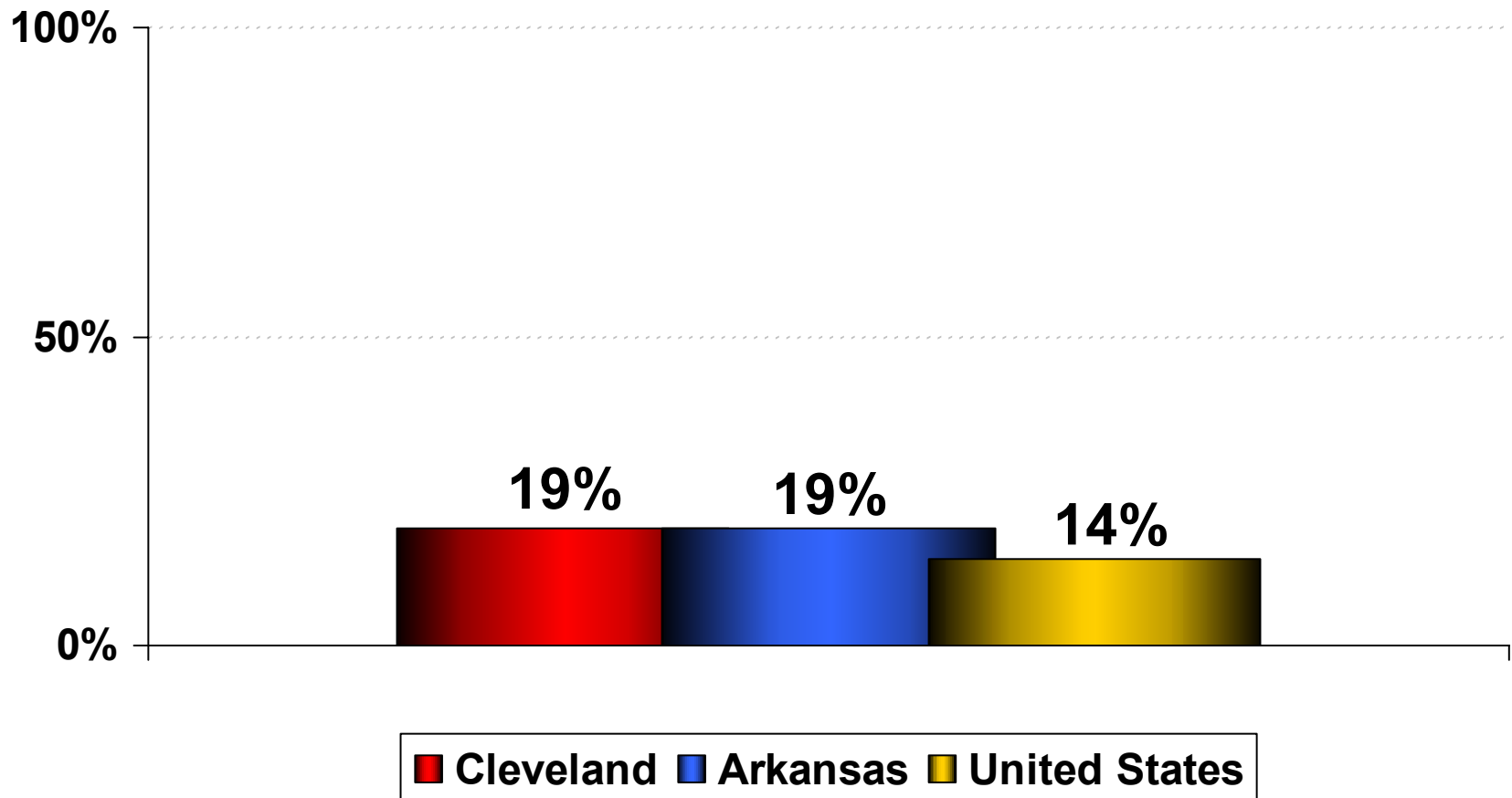
Reported Mental Health Not Good One Or More Days During Past Month



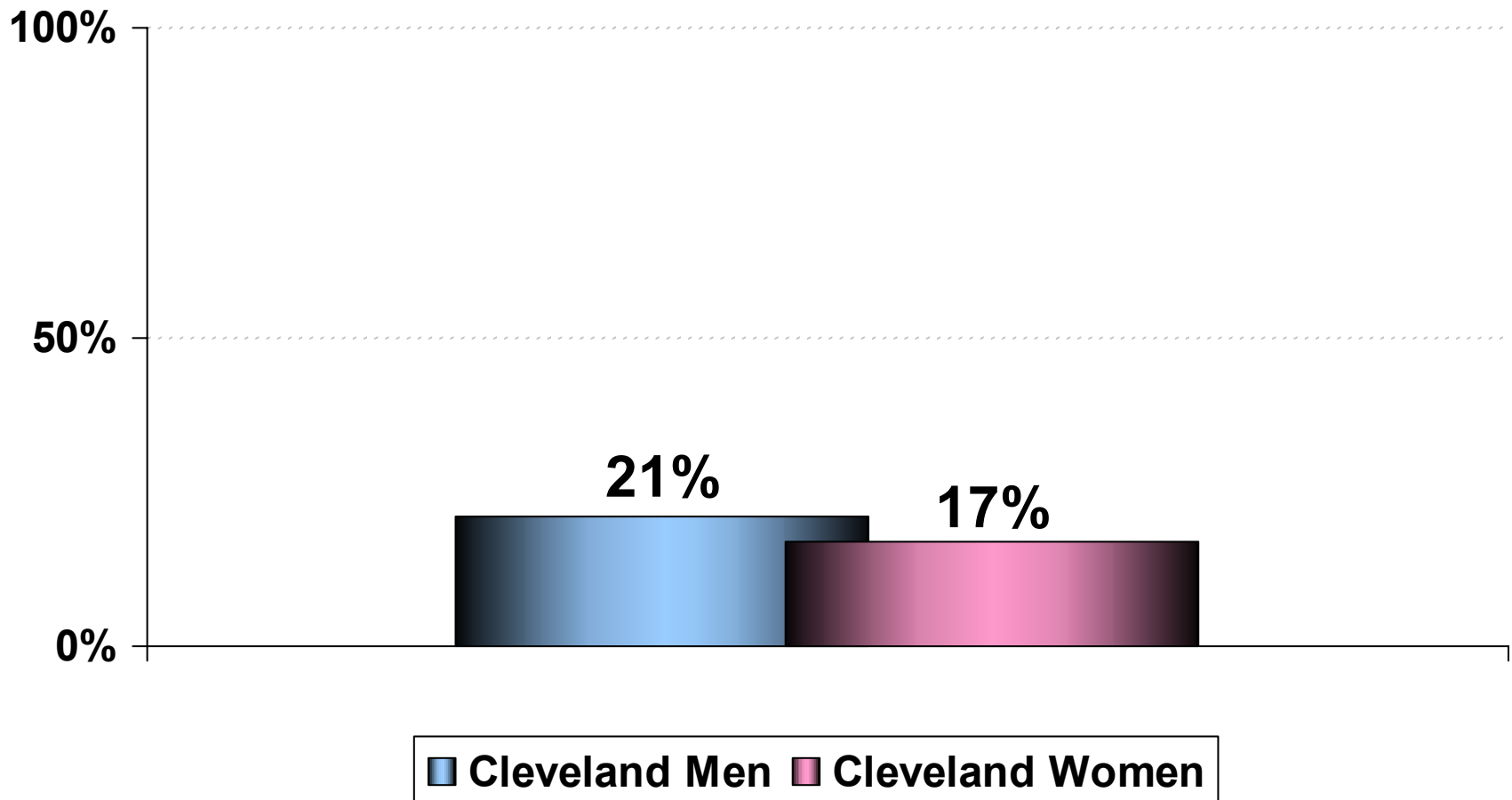
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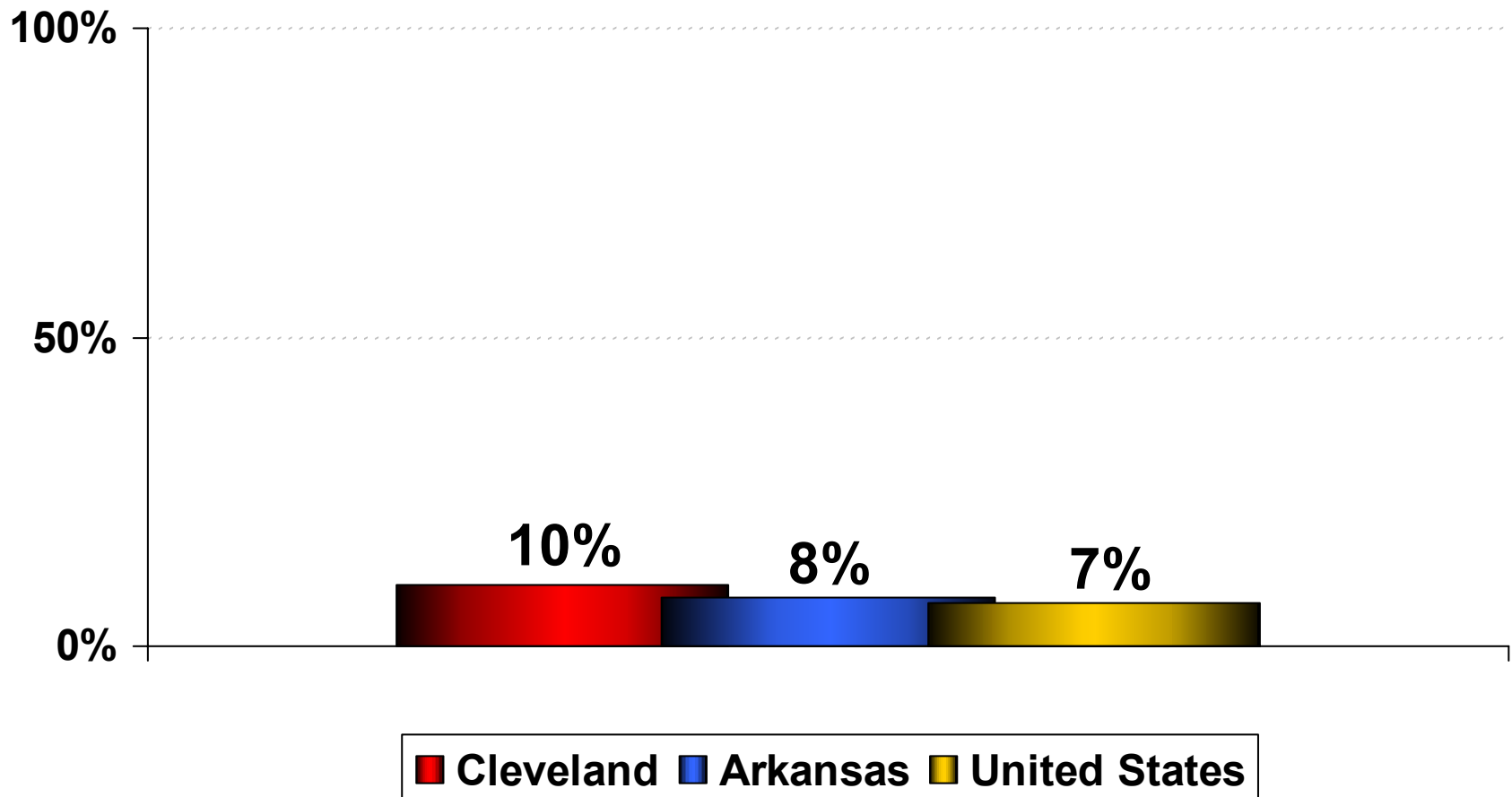
Do Not Have Health Insurance



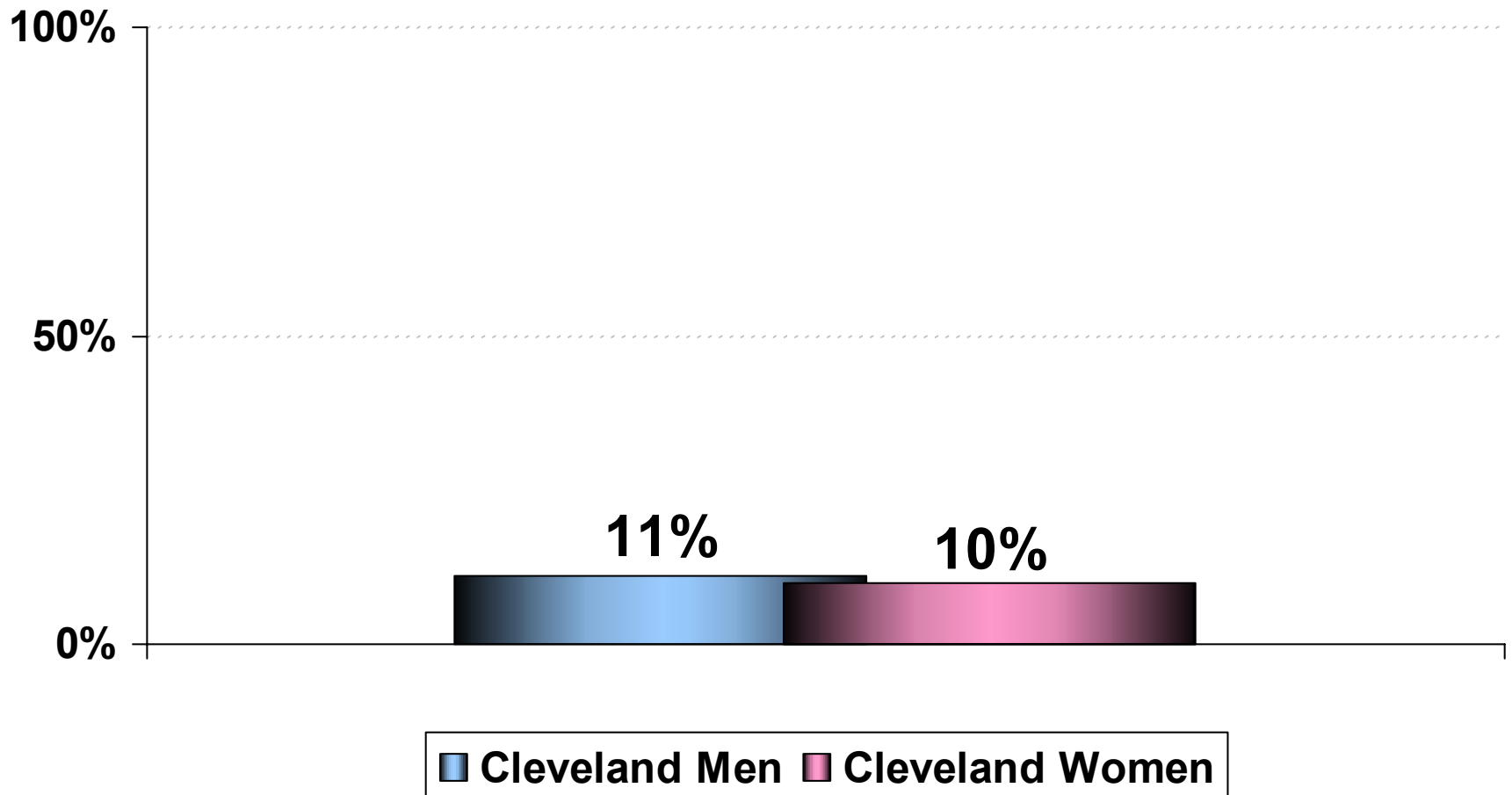
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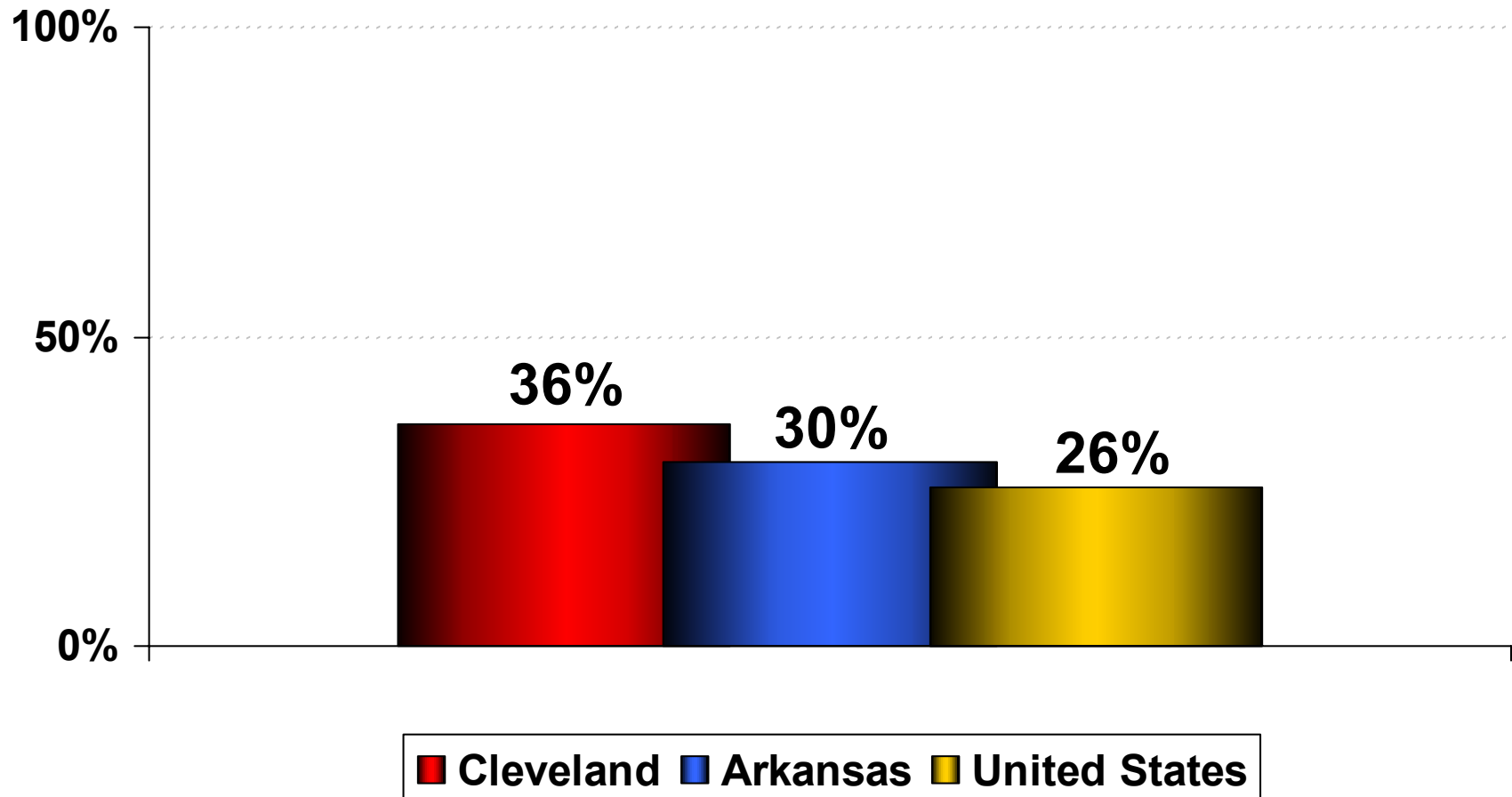
Have Been Diagnosed with Diabetes



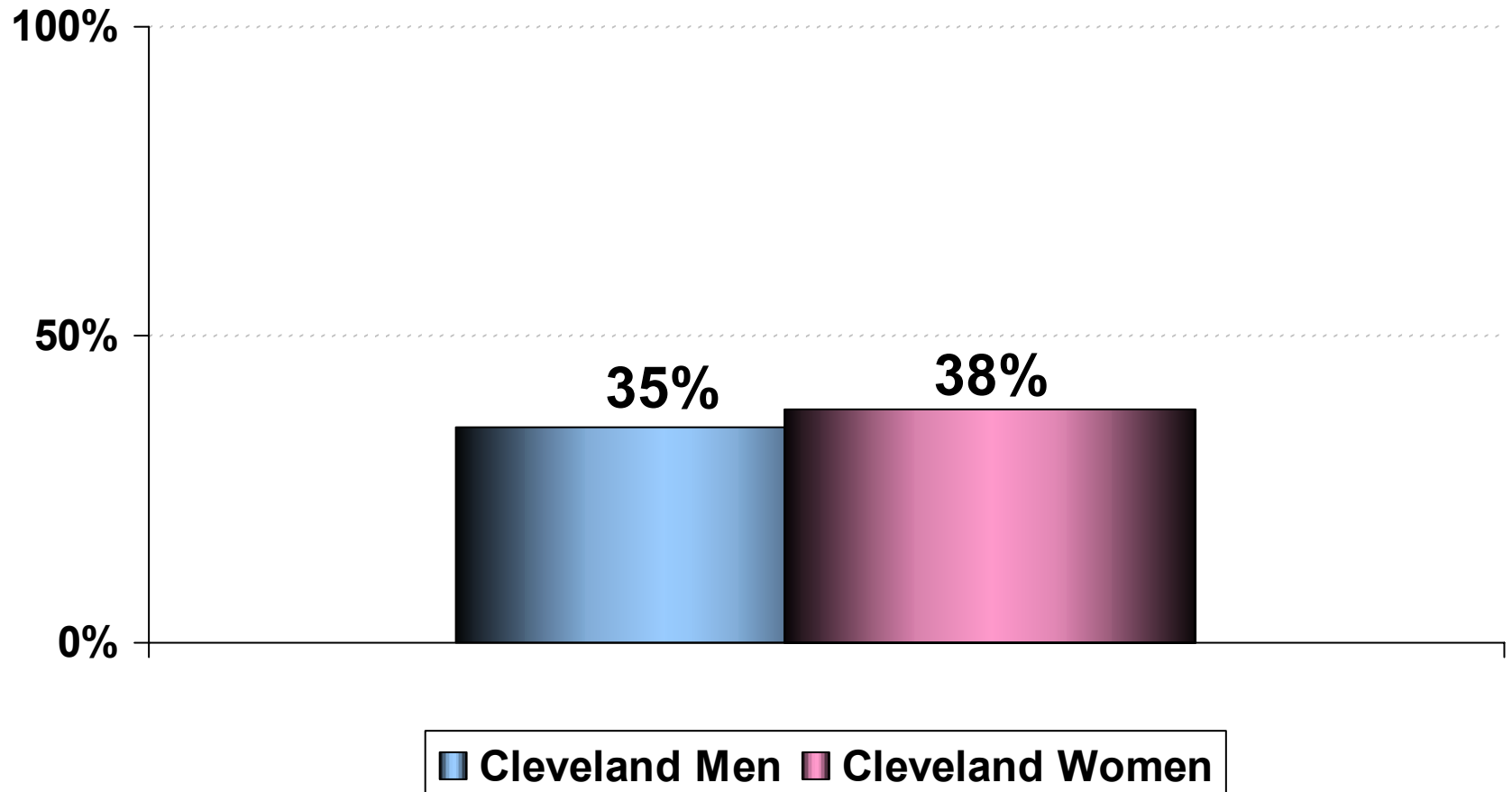
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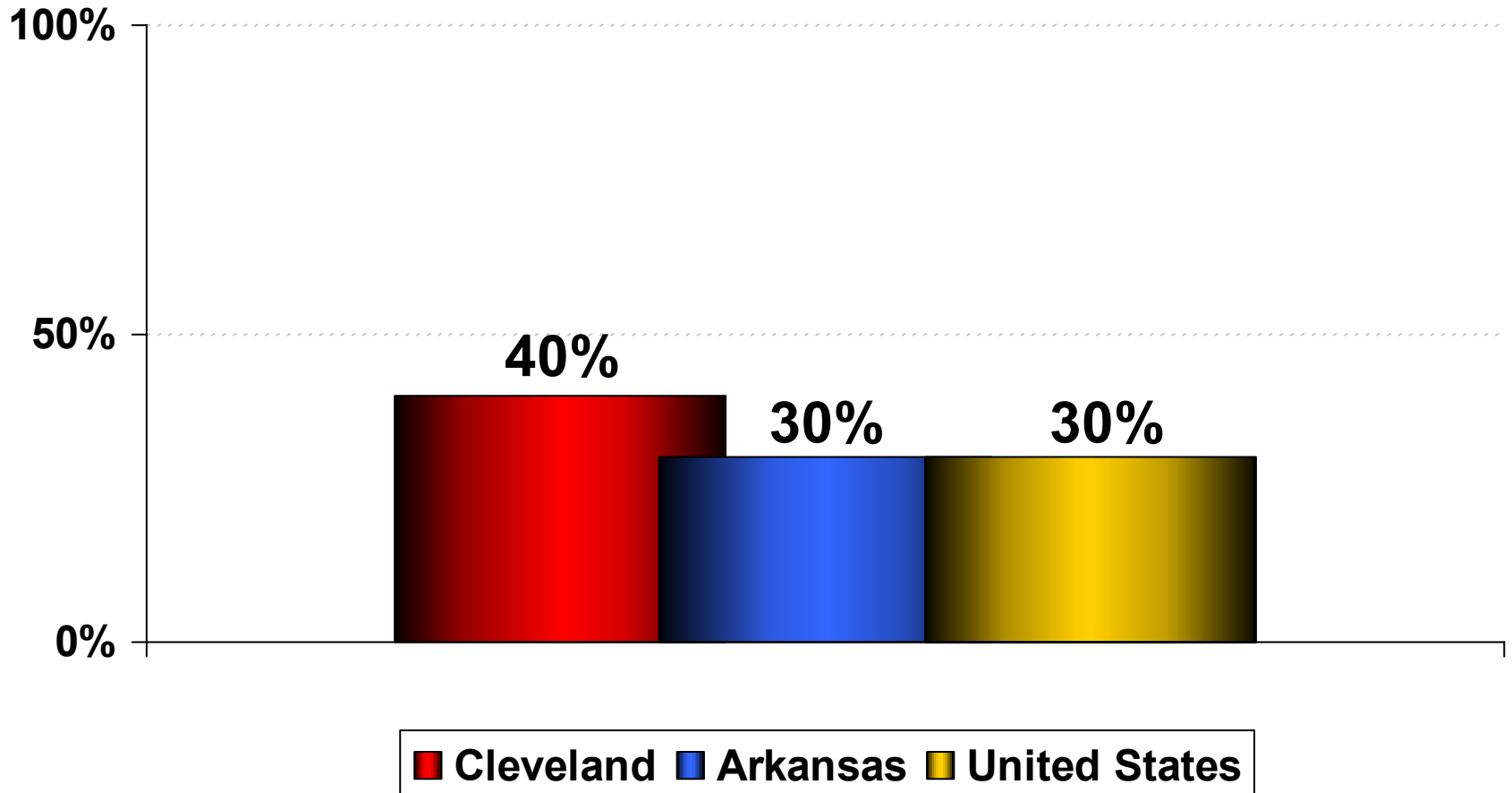
Diagnosed With High Blood Pressure



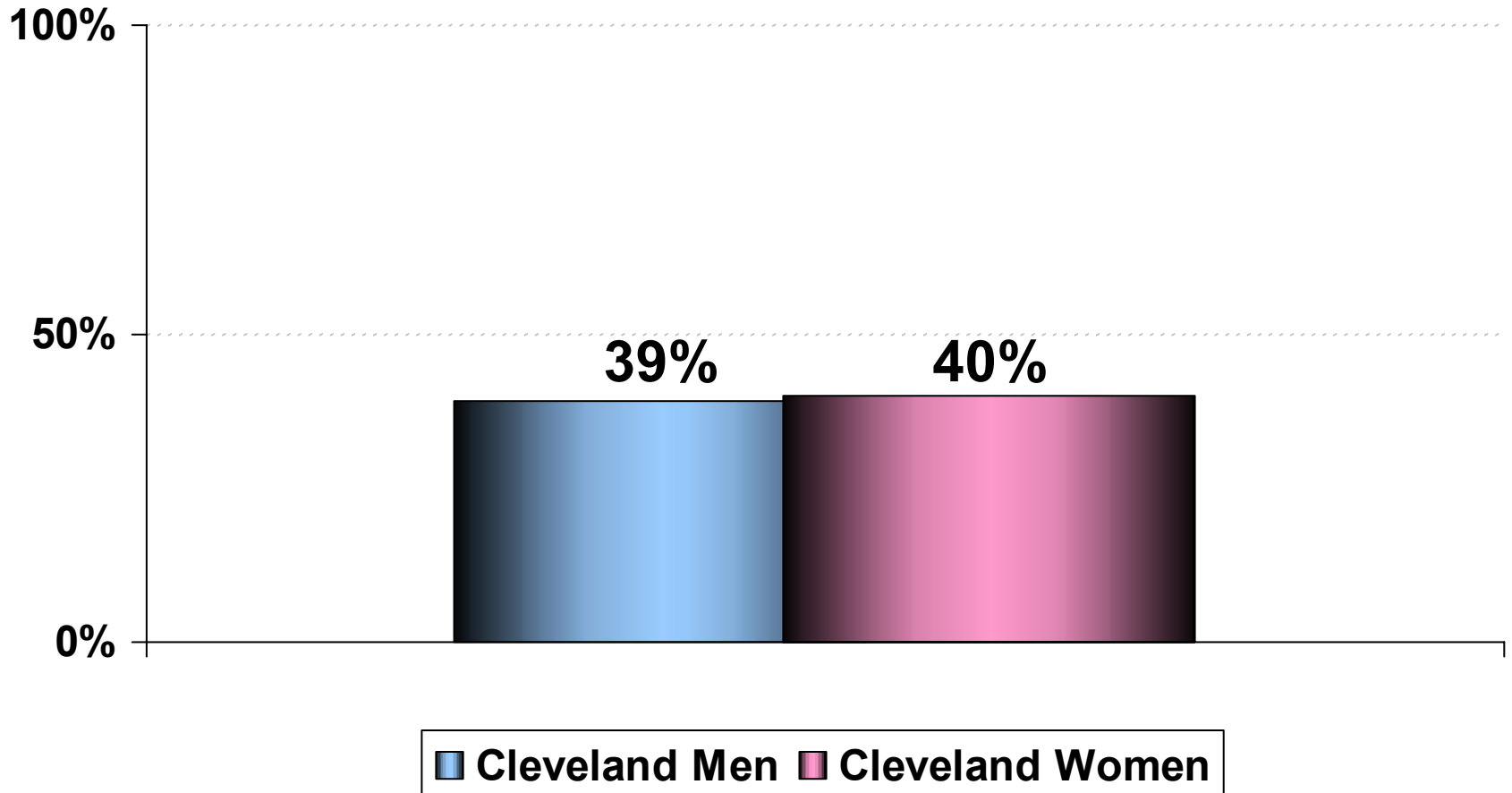
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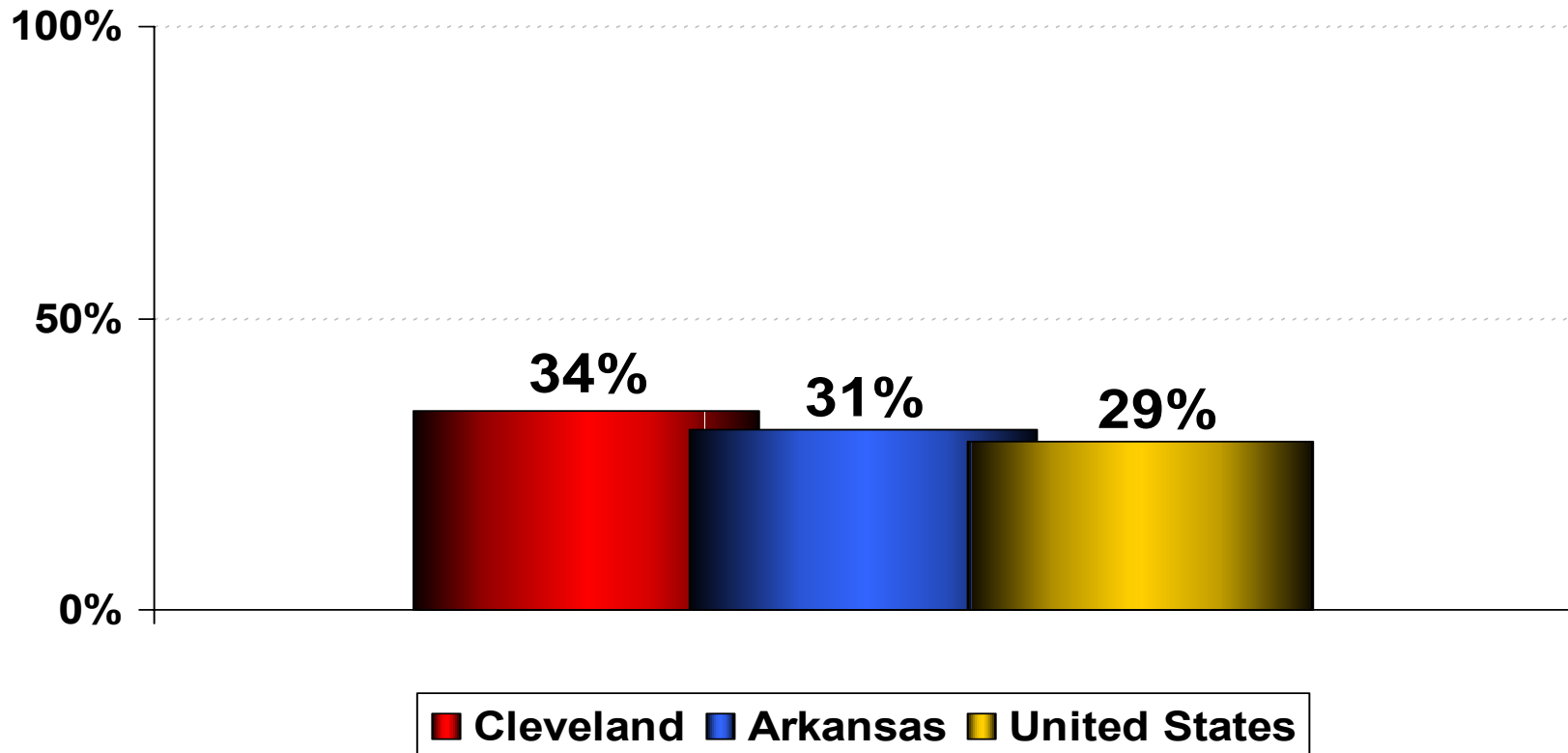
Diagnosed With High Blood Cholesterol



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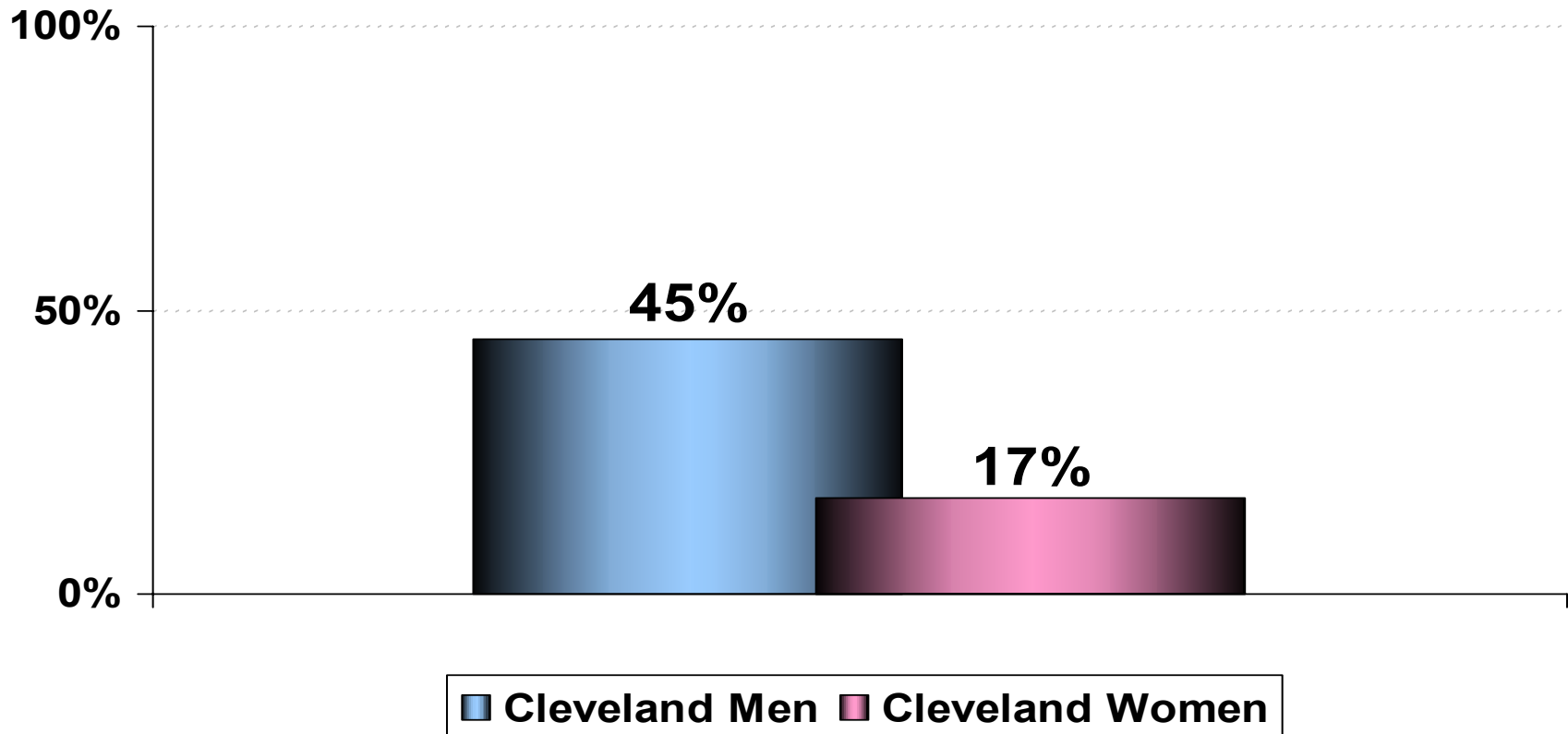


Have Had Five Drinks In A Row On One Or More Occasions During the Past Month*



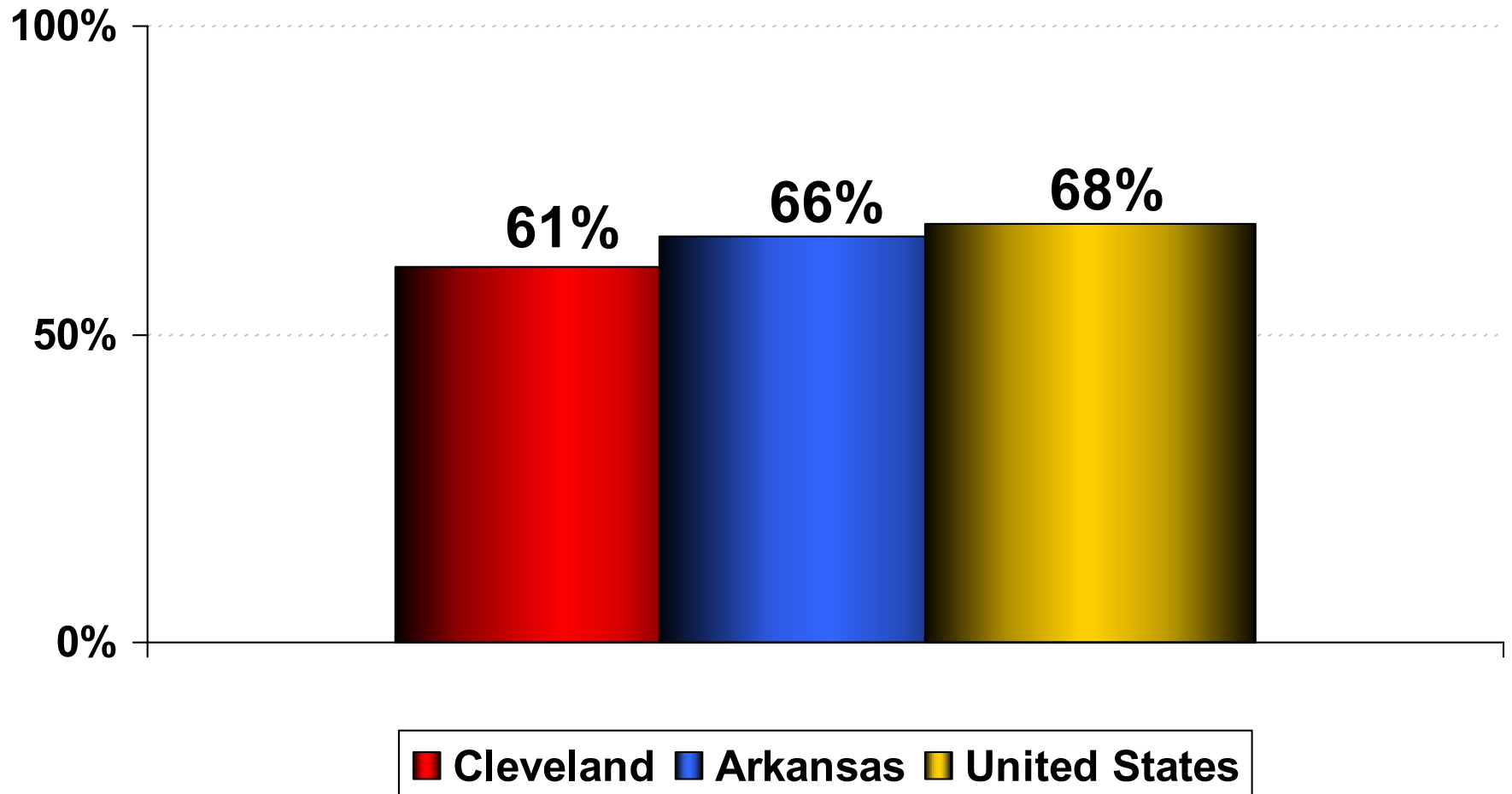
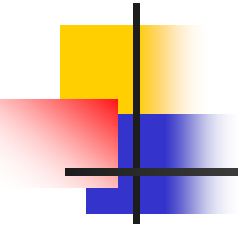
***Of respondents who reported drinking during the past month.**

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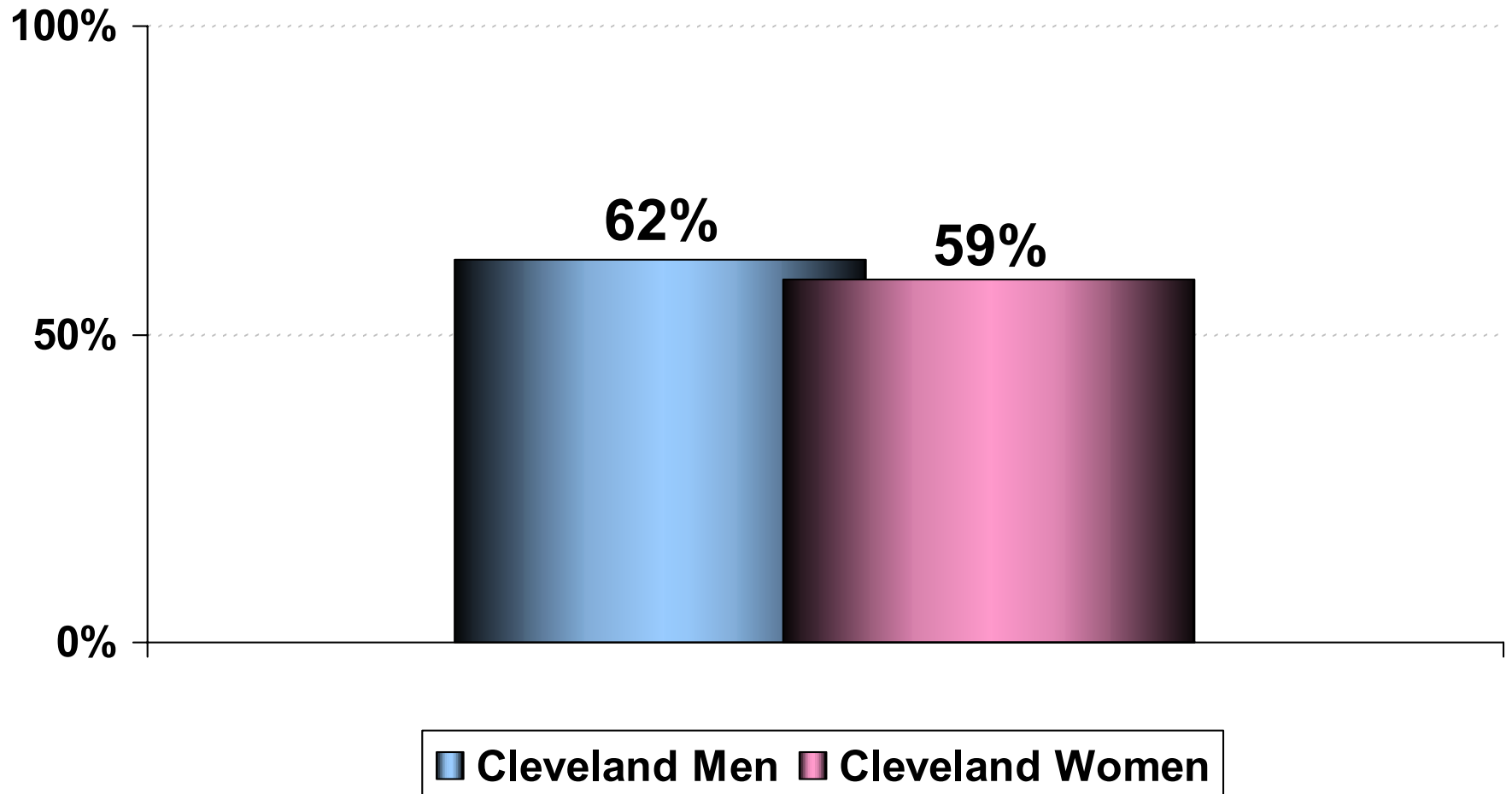
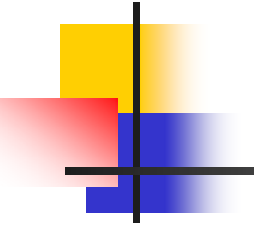


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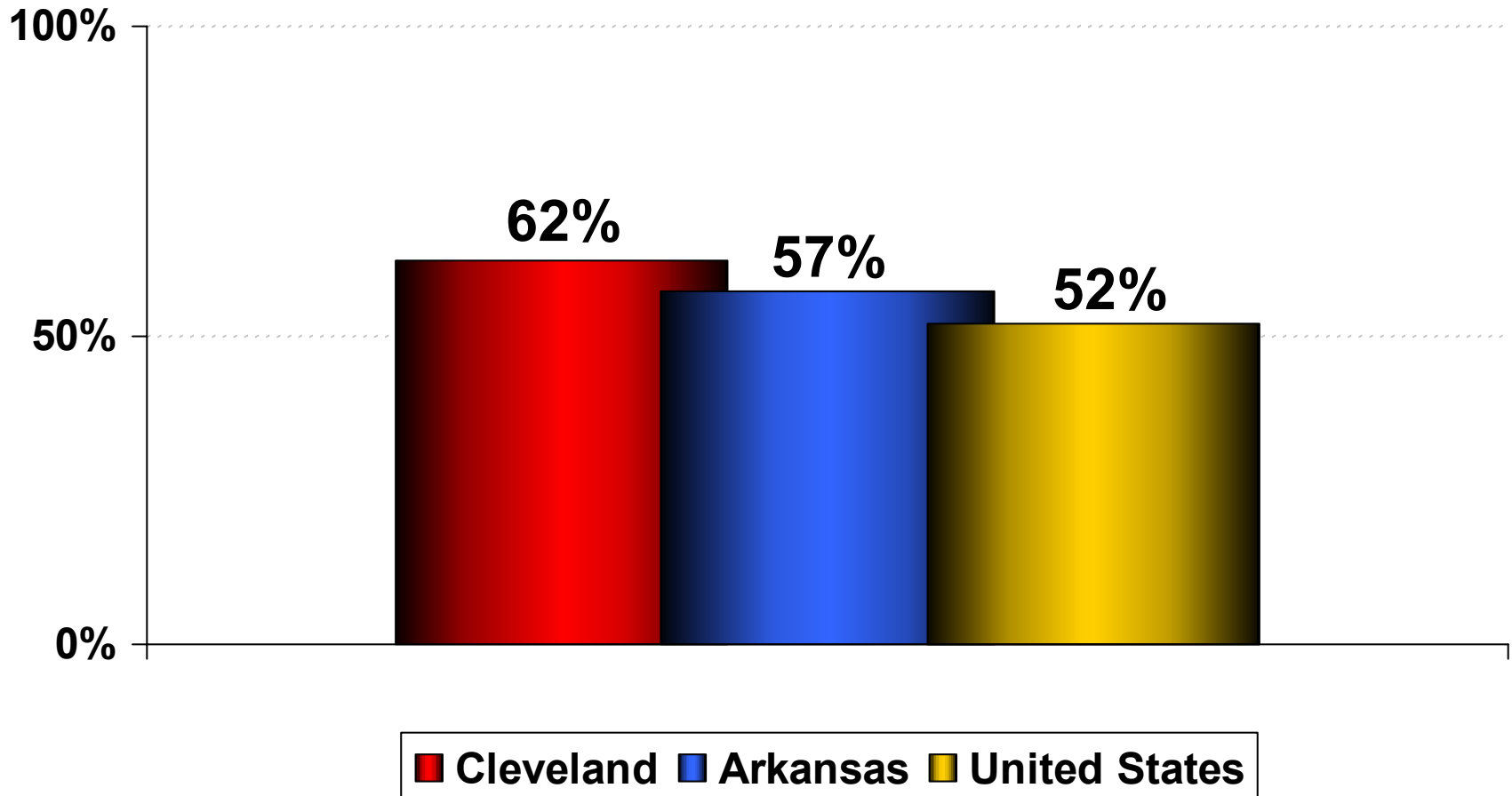
Have Not Received a Flu Shot During the Past Year



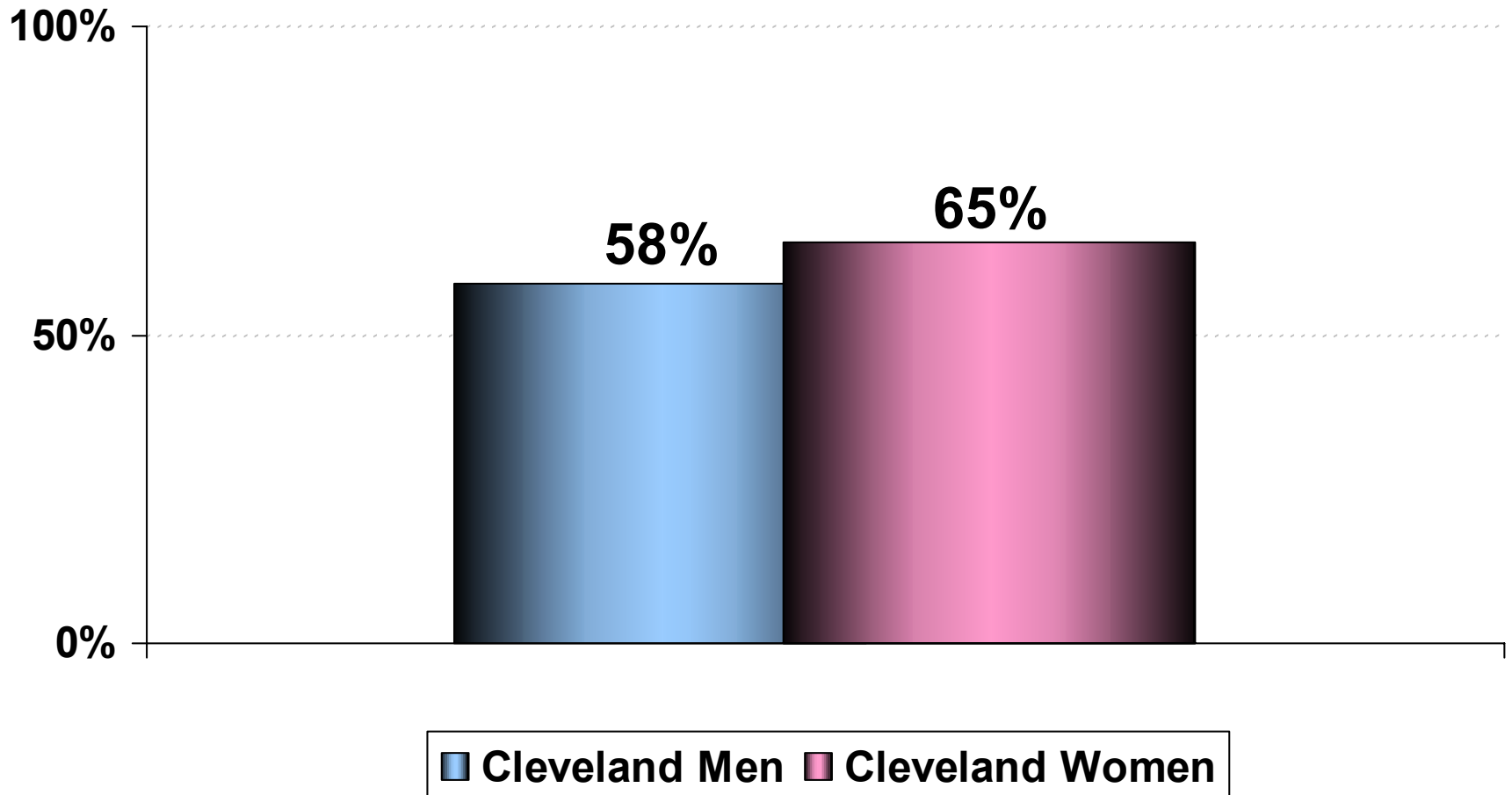
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Over 50, Never Been Screened for Colorectal Cancer



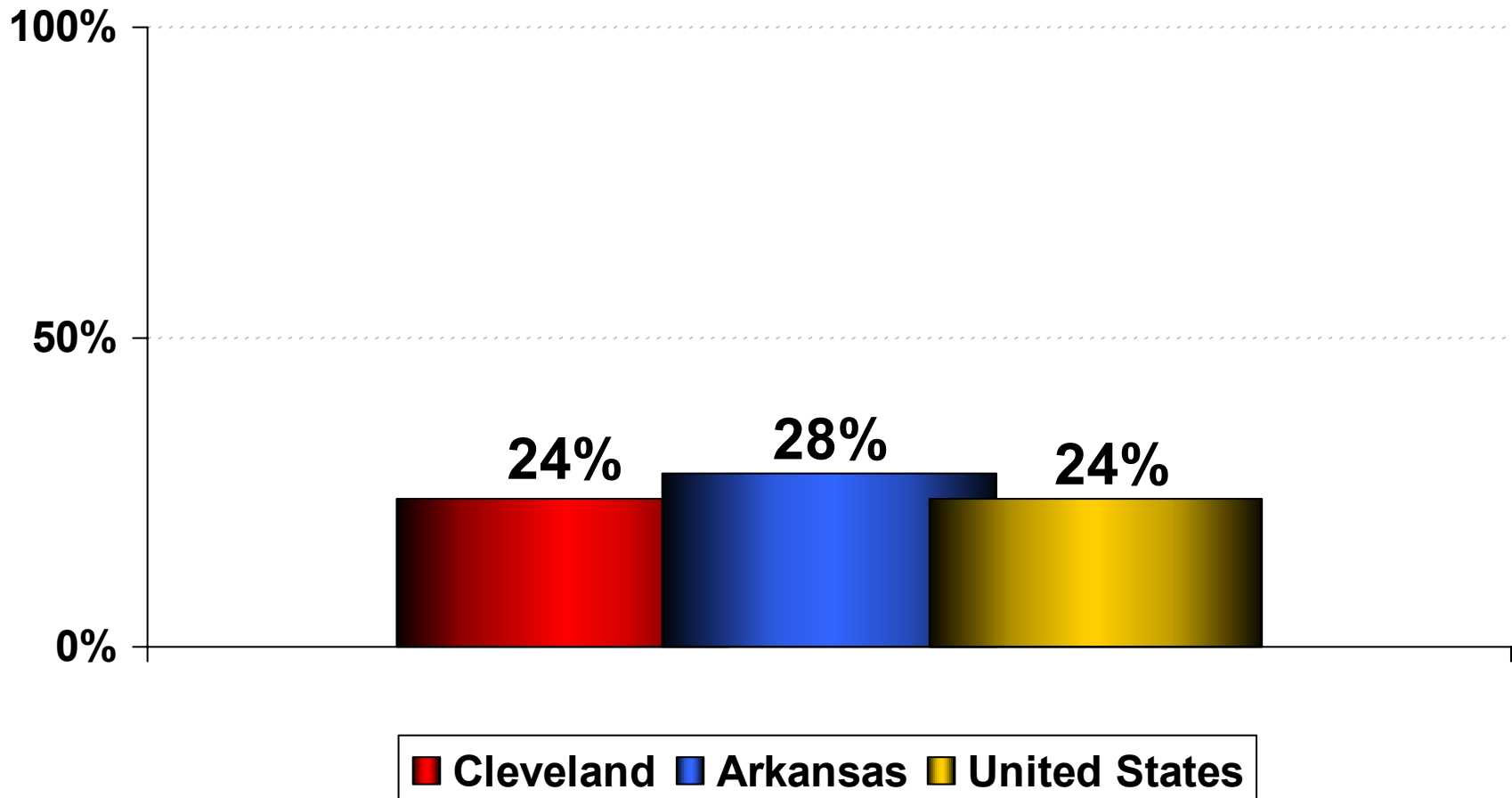
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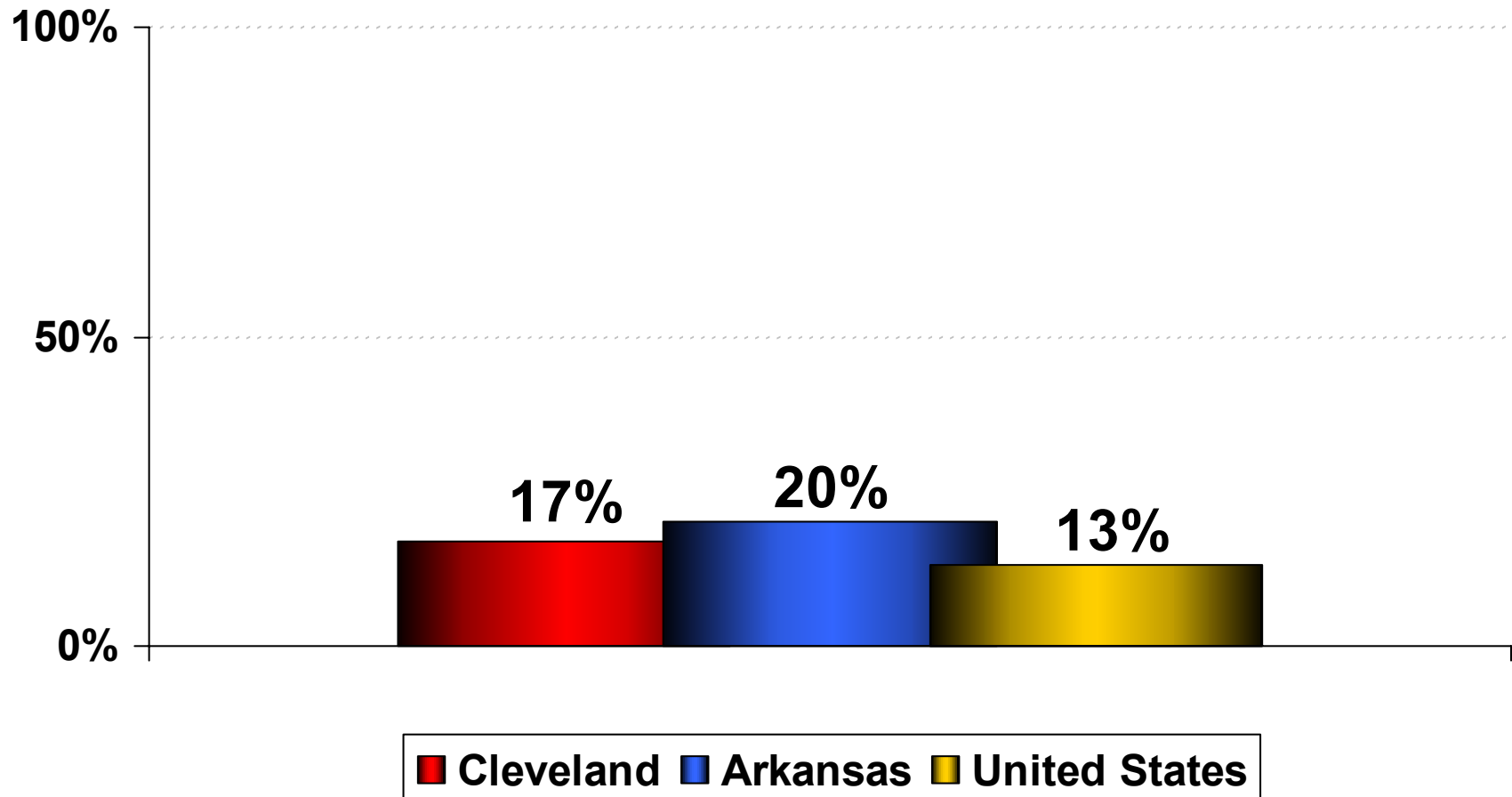


Women's Health

Over 40, Haven't Had Mammogram in Past 2 Years



Haven't Had a Pap Smear In Past 3 Years



What Can Your Hometown Health Coalition Do to Make a Difference?



- ✦ Assess
- ✦ Identify
- ✦ Develop
- ✦ Evaluate

Questions

